



**GRANDE PREMIO MEGAJOVEM 2026 (Etapa#1)**  
**PROVA OPEN PENTATLO MODERNO**  
**RIO MAIOR**

Resultados Finais

Nome	Clube	Esc	Sexo	Ano	TOTAL	Tempo	NAT	PEN	Tempo Corrida	COMB	PEN
Sub-09 Fem			Sub-9	Fem							
1 MENDES, Maria	GCP	Sub-9	2	2018	<b>702</b>	1:04,68	191	0	03:49,00	511	
Sub-09 Masc			Sub-9	Masc							
1 MARQUES, David	CNA	Sub-9	1	2019	<b>757</b>	0:57,25	214	0	03:17,00	543	
Sub-11 Fem			Sub-11	Fem							
1 SERRANO, Maria Francis	CNA	Sub-11	2	2017	<b>816</b>	0:47,03	244	0	02:48,00	572	
2 LIMA, Maria	GCP	Sub-11	2	2016	<b>796</b>	0:47,58	243	0	03:07,00	553	
3 VICENTE, Lia	SRC	Sub-11	2	2016	<b>769</b>	1:00,65	204	0	02:55,00	565	
Sub-11 Masc			Sub-11	Masc							
1 FERREIRA, Gabriel	CNA	Sub-11	1	2016	<b>872</b>	0:35,63	279	0	02:27,00	593	
2 MARQUES, Daniel	CNA	Sub-11	1	2016	<b>849</b>	0:41,66	261	0	02:32,00	588	
3 RODRIGUES, Gustavo	CNA	Sub-11	1	2017	<b>847</b>	0:43,47	255	0	02:28,00	592	
4 RIBEIRO, Ary	SHARKS	Sub-11	1	2017	<b>815</b>	0:47,21	244	0	02:49,00	571	
5 JERÓNIMO, Lourenço	SRC	Sub-11	1	2017	<b>772</b>	0:51,48	231	0	03:19,00	541	
6 RIJO, Simão	CNA	Sub-11	1	2017	<b>673</b>	1:15,42	159	0	03:46,00	514	
7 MENDES, Joaquim	GCP	Sub-11	1	2016	<b>555</b>	:00,00	0	DNS	03:05,00	555	
Sub-13 Fem			Sub-13	Fem							
1 FERREIRA, Maria	CNA	Sub-13	2	2015	<b>694</b>	1:41,33	144	0	04:30,00	550	
2 AVELLAR, Maria	SRC	Sub-13	2	2014	<b>694</b>	1:43,94	131	0	04:17,00	563	
3 POSTICA, Sofia	CNA	Sub-13	2	2014	<b>635</b>	1:49,01	105	0	04:50,00	530	
4 FEIO, Maria	GCP	Sub-13	2	2014	<b>607</b>	1:55,19	75	0	04:48,00	532	
5 BRAZ, Maria	GCP	Sub-13	2	2014	<b>579</b>	1:57,15	65	0	05:06,00	514	
Sub-13 Masc			Sub-13	Masc							
1 ARMANDO, Elano	CNA	Sub-13	1	2014	<b>844</b>	1:18,33	259	0	03:55,00	585	
2 COSTA, Leonel	CNA	Sub-13	1	2015	<b>610</b>	1:54,34	79	0	04:49,00	531	

**GRANDE PREMIO MEGAJOVEM 2026 (Etapa#1)**  
**PROVA OPEN PENTATLO MODERNO**  
**RIO MAIOR**  
**31 JANEIRO / 1 FEVEREIRO DE 2026**  
**RESULTADOS FINAIS**

Nome	Clube	Esc	Sexo	Ano	TOTAL	V	D	PEN	ESG	Tempo	PEN	NAT	Tempo	PEN	OB	Tempo	LR
Sub-15 Fem		Sub-15	Fem														
1	CARVALHO, Inês	GCVR	Sub-15	2	2013	<b>1101</b>				1:03,79	0	332	1:01,09		262	07:33,0	507
2	PEDRO, Ariela	CNA	Sub-15	2	2012	<b>845</b>				1:45,44	0	123	1:05,03		250	08:08,0	472
3	FREIRE, Joana	SHARKS	Sub-15	2	2013	<b>772</b>				1:18,03	0	260	:00,00		ELM	07:28,0	512
4	SERRANO, Maria	CNA	Sub-15	2	2014	<b>757</b>				1:19,59	0	253	:00,00		ELM	07:36,0	504
5	ALMEIDA, Alexandra	CNA	Sub-15	2	2013	<b>737</b>				1:22,38	0	239	:00,00		ELM	07:42,0	498
6	ALVES, Laura	GCVR	Sub-15	2	2013	<b>712</b>				1:11,49	0	293	:00,00		ELM	09:01,0	419
7	NUNES, Joana	SRC	Sub-15	2	2012	<b>691</b>				1:16,13	0	270	:00,00		ELM	08:59,0	421
8	FREITAS, Clara	GCP	Sub-15	2	2013	<b>684</b>				1:38,91	0	156	2:06,13		67	08:19,0	461
9	RIJO, Lara	CNA	Sub-15	2	2012	<b>425</b>				1:55,25	0	74	:00,00		DNS	10:09,0	351
Sub-15 Masc		Sub-15	Masc														
1	BOITA, Francisco	CNA	Sub-15	1	2012	<b>1140</b>				1:10,14	0	300	0:44,16		313	07:13,0	527
2	MAGALHÃES, Duarte	ADCRBA	Sub-15	1	2012	<b>1055</b>				1:23,90	0	231	0:46,28		307	07:23,0	517
3	RIBEIRO, Lucas	SHARKS	Sub-15	1	2013	<b>1033</b>				1:23,07	0	235	0:54,47		282	07:24,0	516
4	RESENDE, Afonso	GCVR	Sub-15	1	2013	<b>998</b>				1:13,39	0	284	1:21,66		201	07:27,0	513
5	MORAIS, Bruno	GCVR	Sub-15	1	2013	<b>798</b>				1:13,32	0	284	:00,00		ELM	07:26,0	514
0	SANTOS, Rafael	SHARKS	Sub-15	1	2013	<b>749</b>				1:19,16	0	255	:00,00		ELM	07:46,0	494
1	POSTICA, Filipe	CNA	Sub-15	1	2013	<b>726</b>				1:23,36	0	234	:00,00		ELM	07:48,0	492
2	NUNES, Guilherme	CNA	Sub-15	1	2013	<b>603</b>				1:29,91	0	201	:00,00		ELM	09:18,0	402
3	VICENTE, Martim	SRC	Sub-15	1	2012	<b>258</b>				1:18,48	0	258	:00,00		ELM	07:23,0	ELM
4	JERÓNIMO, Simão	SRC	Sub-15	1	2013	<b>232</b>				1:33,33	0	184	2:12,34		48	09:38,0	ELM



**GRANDE PREMIO MEGAJOVEM 2026 (Etapa#1)**  
**PROVA OPEN PENTATLO MODERNO**  
**RIO MAIOR**  
**31 JANEIRO / 1 FEVEREIRO DE 2026**  
**RESULTADOS FINAIS**

Nome	Clube	Esc	Sexo	Ano	TOTAL	V	D	PEN	ESG	Tempo	PEN	NAT	Tempo	PEN	OB	Tempo	LR
Sub-17 Fem			Sub-17	Fem													
1	CARVALHO, Carolina	SRC	Sub-17	2	2010	<b>1097</b>	9	13	202	1:18,15	0	210	1:08,06		241	11:26,0	444
2	LIMA, Maria Luisa	GCP	Sub-17	2	2011	<b>1012</b>	9	13	202	1:17,30	0	214	1:04,00		253	13:07,0	343
3	ONIS, Cristina	ESP	Sub-17	2	2012	<b>912</b>	10	12	210	1:31,72	0	142	1:14,25		223	13:13,0	337
4	LOPES, Clara	GCP	Sub-17	2	2011	<b>634</b>	9	13	202	1:33,00	0	135	:00,00		ELM	13:53,0	297
5	GONZALEZ, Jimena	ESP	Sub-17	2	2011	<b>458</b>	8	14	194	1:46,84	0	66	:00,00		ELM	15:32,0	198
6	SANTOS, Maria	GCP	Sub-17	2	2011	<b>424</b>	6	16	178	:00,00	DNS	0	1:06,54		246	00:00,0	0
Sub-17 Masc			Sub-17	Masc													
1	FERNANDES, Santiago	ADCRBA	Sub-17	1	2010	<b>1372</b>	11	13	208	1:03,91	0	281	0:32,00		349	09:56,0	534
2	COSTA, Afonso	ADCRBA	Sub-17	1	2010	<b>1240</b>	18	6	257	1:11,20	0	244	0:47,82		302	11:33,0	437
3	BLANCO, Cesar	ESP	Sub-17	1	2011	<b>1147</b>	11	13	208	1:11,36	0	244	0:56,63		276	11:51,0	419
4	CAMPOS, Pelayo	ESP	Sub-17	1	2010	<b>1016</b>	6	18	173	1:21,43	0	193	1:01,72		260	12:20,0	390
5	SURDU, Mihai	CNA	Sub-17	1	2011	<b>913</b>	0	0	DNS	1:18,68	10	197	0:51,47		291	11:45,0	425

**GRANDE PREMIO MEGAJOVEM 2026 (Etapa#1)**  
**PROVA OPEN PENTATLO MODERNO**  
**RIO MAIOR**  
**31 JANEIRO / 1 FEVEREIRO DE 2026**  
**RESULTADOS FINAIS**

Nome	Clube	Esc	Sexo	Ano	TOTAL	V	D	PEN	ESG	Tempo	PEN	NAT	Tempo	PEN	OB	Tempo	LR
Sub-19 Fem			Sub-19	Fem													
1	CARVALHO, Maria	SRC	Sub-19	2	2008	<b>1266</b>	13	9	234	1:12,16	0	240	0:42,44		318	13:46,0	474
2	NUNES, Diana	CNA	Sub-19	2	2009	<b>1239</b>	13	9	234	1:14,73	0	227	0:46,03		307	13:49,0	471
3	LOUSÃO, Inês	CNA	Sub-19	2	2009	<b>1230</b>	10	12	210	1:15,22	0	224	0:37,25		334	13:58,0	462
4	ONIS, Sara	ESP	Sub-19	2	2009	<b>855</b>	17	5	10	256	1:11,78	0	242	:00,00	ELM	15:43,0	357
Sub-19 Masc			Sub-19	Masc													
1	SOUTO, Tiago	LSC	Sub-19	1	2008	<b>1457</b>	16	8	243	1:02,24	0	289	0:33,93		344	11:59,0	581
2	FRAZÃO, Rodrigo	ADCRBA	Sub-19	1	2008	<b>1397</b>	14	10	229	1:05,14	0	275	0:37,88		332	12:19,0	561
3	PINTO, Xavier	ADCRBA	Sub-19	1	2009	<b>1321</b>	12	12	215	1:08,97	0	256	0:33,60		345	13:15,0	505
4	ANTUNES, Frederico	LCM	Sub-19	1	2008	<b>1295</b>	9	15	194	1:02,47	0	288	0:44,66		312	13:19,0	501
5	ERMAKOV, Alexander	ESP	Sub-19	1	2009	<b>1072</b>	4	20	159	1:13,79	0	232	0:46,19		307	15:26,0	374
Abs Fem			Sen	Fem													
1	CUNHA, Luisa	CNA	Sen	2	2006	<b>1266</b>	19	3	282	1:08,30	0	259	0:57,22		274	14:09,0	451
Abs Masc			Sen	Masc													
1	MARTINHO, Gonçalo	SRC	Sen	1	2002	<b>1416</b>	13	11	222	1:04,27	0	279	0:29,65		357	12:22,0	558
2	PEREIRA, Gonçalo	CNA	Sen	1	2005	<b>1375</b>	15	9	236	1:02,93	0	286	0:30,85		353	13:20,0	500
3	ANTUNES, João	CNA	Sen	1	1998	<b>681</b>	0	0	DNS	1:16,96	0	216	:00,00		ELM	13:55,0	465
Master (30+) Fem			Master (30+)	Fem													
1	ALVAREZ, Ruth	ESP	Master (30+)	2	1975	<b>992</b>	58	9	13	202	1:35,29	0	240	:00,00	ELM	11:38,0	492
Master (30+) Masc			Master (30+)	Masc													
1	DELICADO, Nuno	AAACM	Master (30+)	1	1976	<b>1463</b>	50	14	10	229	1:18,87	0	249	1:09,28	238	08:13,1	697
2	SUBTIL, João	AAACM	Master (30+)	1	1972	<b>1203</b>	84	12	12	215	1:40,61	0	205	1:26,72	185	11:16,8	514
3	SERRANO, João	CNA	Master (30+)	1	1983	<b>1140</b>	10	0	0	DNS	1:23,47	0	240	1:15,72	218	08:38,7	672
4	FERREIRA, Ricardo	CNA	Master (30+)	1	1975	<b>633</b>	58	0	0	DNS	2:08,78	0	149	:00,00	ELM	12:44,2	426