

# NATIONAL AND REGIONAL BIATHLE AND TRIATHLE CHAMPIONSHIP

## INTERNATIONAL MEETING BIATHLE AND TRIATHLE

# PARA BIATHLE AND PARA TRIATHLE – MACHICO – May 10 and 11, 2025

The Portuguese Modern Pentathlon Federation, Pentatlo Madeira and Machico City Hall have the great pleasure to invite a delegation of Your Country to participate in the above mentioned competition that will be held in Machico, Madeira (Portugal), from 10th until 11th May 2025. The event includes National and Regional Biathle and Triathle Championship, International Meeting Biathle and Triathle, Para Biathle and Para Triathle events.

### Competition Programme (Provisional)

Friday, May 9, 2025						
Arrival of Delegations – Registration Procedures						
18:00	Welcome Drink for team Managers					
19:00	Technical Meeting (race briefing)					
Saturday, May 10, 2025						
09:00	Biathle & Para Biathle (Individual Competition)					
Sunday, May 11, 2025						
09:00	Triathle & Para Triathle (Individual Competition)					
19:00	Closing Dinner					

### **Competition Rules**

The competition will be carried out according to the UIPM Biathle & Triathle Rules (www.pentathlon.org)

- Swimming Ocean Bay
- Run Asphalt and Pavement surface.
- Shooting Hit & Miss Ecoaims homologated targets
- Para athletes competition / categories please contact Radka from UIPM para@pentathlon.org for classification process

Pentatlo Madeira Edifício da Escola Básica do Caramanchão – Rua de Carlos Cristóvão, N.º1, 9200-073 Machico NIFC – 511284020 Tlm. 962 516 971 E-mail: pentatlomadeira@gmail.com / secretariadopentatlomadeira@gmail.com Wesite: https://www.fppm.pt/madeira/index.php















### Registration

Delegations are allowed to enter with unlimited number of athletes.

- 1. Please complete the Entry Form and return it to us by email until March 31st, 2025
- 2. Please, confirm FINAL Form and return it to us by email until May 2nd, 2025

Entry Form <a href="https://www.fppm.pt/madeira/index.php/inscricoes">https://www.fppm.pt/madeira/index.php/inscricoes</a>

Email secretariadopentatlomadeira@gmail.com

Entry fees, per person: 1 event: 10 EUR | 2 events: 15 EUR

Registration process and payments must be done as follows:

- Registration Form A + entry fees payment until 31st March
- Late registrations with additional fee of 5 € per person/event (until 27nd April)
- Last minute registrations after 27th April 25 € per person/event
- First 150 registered athletes will get a T-shirt for free

Additional Fees for Athletes/Coaches/Friends/Guests/Family Members:

• Closing Dinner a Fee of 25 EUR (Registration for email secretariadopentatlomadeira@gmail.com)

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# Categories and Distances

Biathle								
Under 9 (2017 – 2018)	Run 200m	Swim 50m	Run 200m					
Under 11 (2015 – 2016)	Run 400m	Swim 50m	Run 400m					
Under 13 (2013 – 2014)	Run 400m	Swim 100m	Run 400m					
Under 15 (2011 – 2012)	Run 800m	Swim 100m	Run 800m					
Under 17 (2009 – 2010)	Run 800m	Swim 200m	Run 800m					
Under 19 (2007 – 2008)	Run 800m	Swim 200m	Run 800m					
Juniors (2004 – 2006)	Run 800m	Swim 200m	Run 800m					
Seniors (1986 – 2003)	Run 800m	Swim 200m	Run 800m					
Masters 40+ (1976 – 1985)	Run 800m	Swim 100m	Run 800m					
Masters 50+ (1966 – 1975)	Run 800m	Swim 100m	Run 800m					
Masters 60+ (1956 – 1965)	Run 800m	Swim 50m	Run 800m					
Masters 70+ (1946 – 1955) Run 400m		Swim 50m	Run 400m					

Triathle											
Under 9 (2017 – 2018)	Shoot 5m (2 hands)	Run 300m	Shoot 5m (2 hands)	Swim 50m	Run 300m						
Under 11 (2015 – 2016)	Shoot 5m (2 hands)	Run 300m	Shoot 5m (2 hands)	Swim 50m	Run 300m						
Under 13 (2013 – 2014)	Shoot 5m	Run 300m	Shoot 5m	Run 300m	Shoot 5m	Swim 100m	Run 300m				
Under 15 (2011 – 2012)	Shoot 5m	Run 600m	Shoot 5m	Run 600m	Shoot 5m	Swim 100m	Run 600m				
Under 17 (2009 – 2010)	Shoot 10m	Run 600m	Shoot 10m	Run 600m	Shoot 10m	Run 600m	Shoot 10m	Swim 200m	Run 600m		
Under 19 (2007 – 2008)	Run 600m	Shoot 10m	Run 600m	Shoot 10m	Run 600m	Shoot 10m	Run 600m	Shoot 10m	Swim 200m	Run 600m	
Juniors (2004 – 2006)	Run 600m	Shoot 10m	Run 600m	Shoot 10m	Run 600m	Shoot 10m	Run 600m	Shoot 10m	Swim 200m	Run 600m	
Seniors (1986 – 2003)	Run 600m	Shoot 10m	Run 600m	Shoot 10m	Run 600m	Shoot 10m	Run 600m	Shoot 10m	Swim 200m	Run 600m	
Masters 40+ (1976 – 1985)	Shoot 10m	Run 600m	Shoot 10m	Run 600m	Shoot 10m	Swim 100m	Run 600m				
Masters 50+ (1966 – 1975)	Shoot 10m	Run 600m	Shoot 10m	Run 600m	Shoot 10m	Swim 100m	Run 600m				
Masters 60+ (1956 – 1965)	Shoot 5m	Run 300m	Shoot 5m	Run 300m	Shoot 5m	Swim 50m	Run 300m				
Masters 70+ (1946 – 1955)	Shoot 5m	Run 300m	Shoot 5m	Swim 50m	Run 300m						

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### Maps

Google Maps - https://www.fppm.pt/madeira/index.php/regulamentos-convocatorias

### **Biathle Competition**

Race Area - 32°43'07.5"N 16°45'37.8"W



#### Run 800m



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#### Run 400m



#### Run 200m



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#### Triathle Competition

Race Area - 32°43'07.5"N 16°45'37.8"W



#### Run 600m



#### Run 300m



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# Classification System

The Classification System to be used will be My Laps – Pro Chip. All participating athletes must have an associated chip, assigned by Pentatlo Madeira, and the chip must be returned at the end of the race. The athlete's bib number will be marked on the arms and the basket / shoot number will be marked on the hand.

### Prémios

Individual: medals for top 3 will be given in each individual category and gender.Prize-Money: 1500 € total to be announced

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