



FPPM

Federação Portuguesa
do Pentatlo Moderno

DISCIPLINA DE OBSTÁCULOS – COMUNICAÇÃO UIPM 1 DEZEMBRO/2022

Dear National Federations,
Dear friends and colleagues of World Pentathlon family,

As reported to all of you during 72nd congress on Nov12-13 2022, as well as reported to the IOC after the congress, as next steps, we are sending you following documents as listed below.

Next steps

To facilitate the introduction of the reformed Modern Pentathlon in the UIPM 2023 Junior, U19 and U17 World Championships, UIPM is preparing the following detailed resources:

- (i) **Obstacle Competition Guidelines** for NFs and athletes (end Nov 2022)
- (ii) **Equipment Tender** to open for the market to support UIPM event organizers and NFs (Dec 2022)
- (iii) **Obstacle Catalogue** to cover all levels of competition, for NFs and organizers (Jan 2023)
- (iv) **Obstacle Training Tips** for pentathletes and coaches (Jan 2023)
- (v) **Obstacle Event Guidelines** for organizers (Feb 2023)
- (vi) **'How to Become a Pentathlete'** guide for obstacle and other athletes (Mar 2023)
- (vii) **'How to Govern Obstacle'** guide for NFs (Apr 2023).

As the first one, please kindly find attached first edition of UIPM Obstacle Discipline Competition Guidelines that will be used for 2023 season for Junior, U19 and U17 events.

During 2023, we also invite you to send us any feedback during its implementations, in order to make necessary adjustments at the end of the season.

We would like to thank everyone contributed to the guidelines, especially the ad-hoc group members.