





PROGRAMME

| PROGRAMME (all ti | mes to be confirme | d) | |
|---------------------------------------|---|-----------------------------------|-------------------------------|
| Tuesday | Arrival of Delegations | | |
| 25 th October | 14:00-18:00 | Accreditation at the LOC Office | FORUM MACHICO |
| Wednesday 26 th October | Arrival of Delegations | | |
| | 10:00-18:00 | Accreditation at the LOC Office | FORUM MACHICO |
| | 15:00-18:00 | Training at the competition venue | Machico Beach |
| | 17:00 | Welcome Drink Team Leaders | Forte Nossa Senhora Amparo |
| | 18:30 | Technical Meeting | FORUM MACHICO |
| Thursday 27 th October | Biathle Mixed Relay Competition Day | | |
| | 9:00 | OPENING CEREMONY | FORUM MACHICO |
| | 10:00 | Start of the 1 St race | RACE VENUE |
| Friday 28 th October | Triathle Mixed Relay Competition Day | | |
| | 9:00 | Start of the 1 st race | RACE VENUE |
| Saturday | Triathle Individual Competition Day | | |
| 29 th October | 9:00 | Start of the 1 st race | RACE VENUE |
| Sunday 30 th October | Biathle Individual Competition Day | | |
| | 9:00 | Start of the 1 st race | RACE VENUE |
| | 20:00 | CLOSING DINNER PARTY | ТВС |
| | | MUSIC FESTIVAL | TBC |
| Monday 31 st October | UIPM 2022 GLOBAL LASER RUN CITY TOUR competition Departure of Delegations | | |