



FPPM
Federacão Portuguesa
do Pentaílo Moderno

ECMP
European Confederation
of Modern Pentathlon

Rio Maior
CÂMARA MUNICIPAL

RIO MAIOR
SPORTS CENTRE

FUNDACÃO DO DESPORTO

ipdj
INSTITUTO
PORTUGUÊS
do DESPORTO
JUVENTUDE

RIO MAIOR EUROPEAN CUP 2026
BOYS & GIRLS U15/U17/U19/ JUNIOR
28th FEB/1st MARCH 2026 – RIO MAIOR – PORTUGAL

Dear Friends,

The Portuguese Modern Pentathlon Federation and the Rio Maior City Hall have the pleasure to invite a delegation of your country to participate in the **RIO MAIOR EUROPEAN CUP 2026 for Categories U15 & U17 & U19 & JUNIOR (unlimited number of athletes allowed)** that is going to be held in Rio Maior (Portugal) on **28th February /1st March 2026** according to the following provisional schedule below:

FEBRUARY 27th FRIDAY

Arrival of Delegations
21h00 – Technical Meeting

FEBRUARY 28th SATURDAY

09h30 – Girls Ranking Round Fencing Event U17 & U19 & JUNIOR
14h30 – Boys Ranking Round Fencing Event U17 & U19 & JUNIOR

MARCH 1st SUNDAY

08:30 – Warm-up
09:30 – Girls & Boys Obstacles Event U15, U17, U19 & JUNIOR
13:00 – Girls & Boys Swimming Event U15, U17, U19 & JUNIOR
14:30 – Girls & Boys Laser Run Event U15, U17, U19 & JUNIOR
18:00 – Awards Ceremony U15, U17, U19 & JUNIOR
19:30 – Closing Dinner

MARCH 2nd MONDAY

Departure of Delegations

COMPETITION FORMATS

- U15 - Obstacle Discipline, Swimming and Laser Run
- U17 - Fencing, Obstacle Discipline, Swimming and Laser Run
- U19 - Fencing, Obstacle Discipline, Swimming and Laser Run
- JUNIOR - Fencing, Obstacle Discipline, Swimming and Laser Run



FPPM
Federação Portuguesa
do Pentatlo Moderno

ECMP
European Confederation
of Modern Pentathlon

Rio Maior
CÂMARA MUNICIPAL



RIO MAIOR
SPORTS CENTRE

FUNDAÇÃO DO DESPORTO

ipdj
INSTITUTO
PORTUGUÊS
do DESPORTO
JUVENTUDE

RULES

The Competition will be carried out according to the UIPM rules.

Swimming 50m indoor pool

Fencing 8/10 pistes

Obstacles 8 obstacles on a course 77m length

1. Steps 2. Big Wheel 3. Over-Under-Through 4-Rings 5. Balance beam 6. Wheels 7-Monkey bars 8-Finish wall

Laser Run 24 laser targets ECOAIMS provided by LOC – synthetic track/hard surface

ACCOMMODATION

All the participants will stay at: **RIO MAIOR SPORTS CENTRE**

Google Maps: <https://maps.app.goo.gl/S8q6fCpo81hYkv4L7>

Address: Centro de Estágios e Formação Desportiva - Pá da Ribeira,

Av. Paulo VI 29, 2040-227 Rio Maior

All delegations (including athletes, coaches and officials) will be charged:

RIO MAIOR SPORTS CENTRE	Single	Double	Triple
60 minutes distance from the airport	105€ (person/night)	85€ (person/night)	70€ (person/night)

This price will cover the expenses of your delegation for accommodation, meals and local transport (Lisbon Airport) **from your arrival Friday (27/2) for dinner until departure, 2nd March after breakfast.**

Delegations are required to send by bank transfer **30% deposit** of the total amount of your team accommodation invoice until **8th February 2026**, otherwise, the reservation will not be guaranteed. Delegations arriving or departing before these dates and more than 1 different flight please contact with the LOC to confirm additional prize to cover the local transport.

NF wishing to arrange their own accommodation must pay an Accreditation Fee per participant (athletes, coaches and officials) of 50 Euros per day (minimum 2 days). The Accreditation Fee must be paid by bank transfer with the Final Entry Form or cash upon arrival.

BANK DETAILS

All the payments are accepted in EUROS only. Cash upon arrival is accepted.

Please send 30% deposit to:	Account Name	Federação Portuguesa do Pentatlo Moderno
	Account Number	0344 006261 930
	IBAN	PT50 0035 034400006261930
	Bank Name	Caixa Geral de Depósitos
	Address	Agência Gare do Oriente
	Swift Code	CGDIPTPL



FPPM
Federação Portuguesa
do Pentatlo Moderno

ECMP
European Confederation
of Modern Pentathlon

Rio Maior
CÂMARA MUNICIPAL



RIO MAIOR
SPORTS CENTRE

FUNDACÃO DO DESPORTO

ipdj
INSTITUTO
PORTUGUÊS
do DESPORTO
JUVENTUDE

ENTRIES DEADLINES

- **ENTRY A & B** – 08 / 02 / 2026 along with 30% deposit.
- **FINAL ENTRY** – 20 / 02 / 2026

EQUIPMENT

Equipment control for fencing will be immediately before the first round and laser weapons checking will happen prior to the warm-up.

ATHLETES LICENSES

Athletes are only allowed to participate in UIPM sanctioned events if they are registered with the UIPM.

INSURANCE

According the UIPM Rules all competitors must be current members of their Federation and are responsible for their own insurance cover for the event. The organizer will not accept any responsibility, financial or otherwise for loss, injury or illness of any delegation member.

OFFICIAL ADDRESS

Federação Portuguesa do Pentatlo Moderno
Rua 15 de Agosto nº 8 B, 2500 – 801 Caldas da Rainha
Tel: + 351 91 483 34 82
Email: fppm.geral@gmail.com
Website: www.fppm.pt

We look forward to seeing you soon in Rio Maior.

Best regards,

LOC President

Federação Portuguesa do Pentatlo Moderno
UTILIDADE PÚBLICA DESPORTIVA

Rua 15 de Agosto Nº8 - B
2500 - 801 Caldas da Rainha
C.Nº 501 638 725

Manuel Barroso